**For Immediate Release**

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**Horses Return to Trenton to Kickoff Spring Gardening**

Trenton, N.J. – Isles, Inc.’s Garden Support Network, providing technical assistance to community gardens in Trenton since 1981, invites you to experience farming the old-fashioned way! On Tuesday, April 9th, 2013, a team of horses from Howell Living History Farm will plow the community garden at 81 Chestnut Avenue (between Walnut Ave. and Greenwood Ave.) between 9:30 am and 1:30 pm.

The Howell Living History Farm, a facility of the Mercer County Park Commission, will demonstrate how plowing was done at the turn of the 20th century. Students from local schools in Trenton will participate in the hands-on event, helping to direct the horses as well as take part in other activities such as corn shelling and soil composting.

“There’s no better way to start off the year for us than by sharing this tradition with Howell Farm and our community. It helps remind us of our agricultural heritage, and allows us to reconnect with the earth and our food that comes from it”, says Jim Simon, Urban Agriculture Program Manager at Isles.

Isles provides technical support and training to people who grow their own fresh fruits and vegetables in 50 community and school gardens throughout Trenton. Gardeners in the Isles Garden Support Network harvest more than 50,000 pounds of fresh produce each year, increasing Trenton’s food supply and the food security of community residents.

This event is free and open to the public. In case of rain, the event will be held on Thursday, April 11th. For more information on the event or the Isles Garden Support Network, including how to join a community garden, please call 609-341-4724.