



Oxen plow Isles community garden in Trenton in annual spring tradition

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TRENTON -- The Isles community garden on Chestnut Avenue in Trenton got its first preparations for the spring planting this week when a pair of oxen on loan from Howell Living History Farm pulled a plow through the soil.

The annual tradition to plow the field, which has involved horses in the past, provides an opportunity to prepare the field while educating residents on farming and composting.

"There's no better way to start off the year than by sharing this tradition with Howell Farm and our community," Jim Simon, urban agriculture manager at Isles said in a statement. "It reminds us of our agricultural

heritage, demonstrates how much better this technique is than rototilling, and reconnects us with the soil and the food that comes from it."

Howell Living History Farm oxen plow garden in Trenton for The Isles Garden Support Network

TRENTON - Tuesday March 31, 2015 Two oxen from Howell Living History Farm plow the Garden of 3 Points on Chestnut Ave., located in Trenton, part of an educational program with Isles Inc. for Trenton school children which included lessons on plowing, composting and bee keeping. (Michael Mancuso | Times of Trenton)

The Garden at Three Points, located at Chestnut Avenue, has hosted the event for over two decades.

Isles is a Trenton-based organization that focuses on building self-reliant families and sustainable communities through programs such as the garden plow, that teach locals how to harvest their own food and live a healthy lifestyle.